As a deadly tsunami speeds toward Japan’s coast, a group of kids race to save themselves—and hundreds of others.

By Lauren Tarshis
With reporting from Japan by Setsuko Kamiya of The Japan Times

Author’s Craft  Authors of fiction and nonfiction often use the same writing tools to describe exciting events. As you read the article, pay attention to vivid adjectives, similes, and personification.
On the afternoon of March 11, 2011, the students of Kamaishi East Junior High School, in Kamaishi, Japan, were getting ready for after-school activities. Fourteen-year-old Aki Kawasaki was excited about basketball practice. Kana Sasaki was getting dressed for tennis. Fumiya Akasaka, captain of the boys’ judo team, was heading for the gym. Shin Saito, English teacher and badminton coach, was tying his shoes. It was a typical Friday afternoon—until 2:46 p.m., when a massive earthquake began to rumble 20 miles below the floor of the Pacific Ocean.
The quake, about 40 miles off the northeastern shore of Japan, was 1,000 times more powerful than the 2010 earthquake in Haiti. It sent shockwaves hundreds of miles in every direction. In Tokyo, office buildings swayed like blades of grass. Subways stopped underground. In Kamaishi, a town on Japan’s beautiful northeastern coast, buildings shook violently. Gaping holes opened in the streets.

The students and teachers of Kamaishi East rushed for cover. Computers, books, and furniture crashed to the floor around them. People screamed, but their cries couldn’t be heard over the quake’s monstrous roar.

Most earthquakes last for just a few seconds, unleashing quick bursts of destruction. This quake was different. It went on and on, like an endless nightmare. It continued for nearly six minutes—the shaking, the roaring, the crashing, the terror. When it finally stopped, there was a moment of eerie quiet. The Kamaishi East building, built to withstand quakes, was still standing. Miraculously, none of the students and teachers was seriously injured.

But there was no feeling of relief for Aki, Kana, Fumiya, or any of the other students at Kamaishi East. They knew that the disaster was just beginning.

**Destroyed Twice**

The quake under the ocean floor had triggered a tsunami, a series of massive waves, hundreds of miles wide. It was now racing across the ocean at jet speeds. Just a few yards high at first, it would grow stronger and bigger—in some places as high as 133 feet—as it approached the shore. It would hit Japan’s northeastern coast with such incredible force that anything in its way would be obliterated.

Twice before, Kamaishi had been destroyed by tsunamis—in 1896 and 1933. Stories of these disasters have been passed down through the generations. But four years ago, school leaders in Kamaishi decided they should do more than simply tell their children the stories. Kamaishi’s students needed to be experts. Scientists predicted that another deadly quake and tsunami could strike Japan’s coast at any time. The more students knew, school leaders believed, the more likely they would be to survive.

So at Kamaishi East and other middle schools, tsunami education became a part of every class. In social studies, students researched the 1933 and other tsunamis and their effects on the city. In science, they learned how tsunamis form. In language arts, they wrote essays about the 1896 tsunami. They drew hazard maps showing the likely path of the waves and even learned to cook soup for people in disaster shelters.

They also underwent tsunami drills. Students were taught to gather outside the school and wait for teachers to take attendance. Once everyone was accounted for, the group
would evacuate to a parking lot half a mile away.

But when the quake struck, most students immediately realized that they had no time to stand and wait. They understood that this quake was far more powerful than any before. They didn’t doubt that a wave was heading right for them. It was a life-or-death race, with not a minute to spare.

"Before I realized I was running, my feet were moving," Kana would later say.

With panicked shouts, students urged their teachers to follow them as they rushed for higher ground. Teachers at the neighboring elementary school had planned to keep their young students on their building’s third floor. The sight of the older students rushing away changed their minds. Soon hundreds of students and teachers were in a frantic dash for safety.

"I thought the tsunami would come," says Aki. "I was desperately trying to escape."

They reached the evacuation site but decided to go even higher. The older students helped the younger ones, grabbing their hands, pushing them along.

They continued on, finally coming to rest in a parking lot on a hill. Terrified and out of breath, they had a sweeping view of the horrific scene unfolding in their town just below.

**A Black Raging River**

The ocean had begun its attack. Just 30 minutes after the earthquake, a black wave swept into the streets, rising so quickly that cars, trucks, homes, and people were swallowed in seconds.

The water—now a black raging river filled with debris, boats, and wrecked homes, rushed deeper into the city and up into the hills. The students watched in shock as their school was engulfed. At the elementary school, a car

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**WRITE TO THE STUDENTS OF KAMAISHI!**

The students of Kamaishi East want to hear from you. Write a letter telling them what you think of their story. We will send the letters to Mr. Saito, who will share them with his class. We will also make a donation in the name of Storyworks readers to the school. Mail or e-mail letters to Storyworks “Japan Letters” by March 15th. See page 2 for details.
crashed into the building's third floor, exactly where the teachers had planned to wait with the children after the quake. If they had stayed, they would have been killed.

Similar scenes were unfolding up and down Japan's coast. In a matter of minutes, hundreds of places—small cities, bustling towns, quaint fishing villages, and quiet farming communities—were completely submerged. And then, like a monster returning to its lair, the water was sucked back into the Pacific Ocean. Thousands of people who had survived the quake were swept out to sea.

In the hours after the quake and the tsunami, Aki, Kana, and Fumiya stood amid a group of hundreds of stunned students and teachers, shivering in the cold, terrified for their families. They eventually made their way to one of the city's surviving school buildings, where they found no food, water, or lights.

They went to another school the next day. Only then were they reunited with their families. Fourteen students lost one or both parents. Aki, Kana, and Fumiya were among the lucky. Their families were safe.

**Hope and Strength**

It is difficult to grasp the full picture of destruction unleashed by this disaster. It was the fifth-most-powerful earthquake ever recorded. Nearly 20,000 people died. In some areas, entire towns were simply erased by the raging waters. These had been lively towns, centuries old. Today nothing remains of these communities but toxic mud littered with the shreds of people's lives—twisted bits of metal and wood, tattered clothes, ruined books and photo albums.

Kamaishi was devastated. Out of a population of 37,000 people, 850 were killed. Thousands lost their homes, including Kana and Fumiya, and most of the other students at Kamaishi East. A year later, only a few shops have reopened. Several thousand tons of debris have been cleaned from the streets. The reconstruction of Kamaishi East has not yet begun. The students are sharing a school building with another junior high in the city.

But amid the ruin and hopelessness, the story of the students of Kamaishi East continues to inspire the people of this city. All of the children and teachers survived the tsunami. The teachers insist that it was Kamaishi East students—their quick action in a moment of terror—who made the difference.

"If it weren't for them," says their English teacher Saito, "I don't think I would be alive."

Mr. Saito speaks proudly of Aki, Kana, Fumiya, and the other students, who are working to rebuild their lives.

"Things are very tough, and the students face many difficulties moving forward," Mr. Saito says. "But the fact is, it's the students who are giving us hope and the strength to move on."

![Standing tall: Kamaishi East Junior High School students Kana Sasaki (left), Fumiya Akasaka (center), and Aki Kawasaki](image)